



## WE BELIEVE IN THE POWER OF YOU

Thank you for expressing interest in our endeavour to empower our women and LGBTQ2+ community through the sport of Boxing. We appreciate your support of the 3<sup>rd</sup> annual West Coast Wonder Women+, where together we stand stronger.

With your support, we will continue our work within the greater Victoria School districts to offer free boxing, motivational and mentorship classes to all middle and high schools. Our outreach program was started in 2017 and we have attended well over 10 schools and have interacted with over 500 students.

Our WHY? It has been proven through studies that girls are less active by the time they are 13 years old. This is mainly due to self esteem issues, body image issues and feeling inferior. We have also found that kids identifying in the LGBTQ2+ community also have similar struggles. These kids are defeated before they even try. Our mandate is to change this, one class, one child, one punch at a time. We believe that boxing is the sport that allows that inner empowerment that creates belief within oneself. We have had success with our program and feedback from teachers and staff have been nothing but positive. We have also provided to school counsellors with troubled youth, an opportunity for one of our coaches to work one-on-one with a student. This also has had success with positive feedback.

Furthermore, your support funds our WCWW+ card, workshops, free classes and camps to all females and the LGBTQ2+ community.

We would love to have you onboard as one of our sponsors, where we stand together and send the message that “we can”.

West Coast Wonder Women+ is a division of Sooke Boxing Club, a non profit club located in Sooke, BC.

Should you have any questions or concerns, please don't hesitate to reach out to Ellen Connor, head coach at [sookeboxing@gmail.com](mailto:sookeboxing@gmail.com) 250-634-4941

Thank you for believing in the “power of you”,

Sincerely,

Sooke Boxing Club

